



ABU DHABI 3RD INTERNATIONAL BASIC PLASTIC SURGERY SKILLS COURSE

Hands- On Workshop

Organized By
THE PLASTIC & RECONSTRUCTIVE SURGERY DEPARTMENT
ZAYED MILITARY HOSPITAL

Wound Suturing Techniques
Grafts and simple Flaps
Tendons Repair
Burn Management
Miscellaneous

Date: December 20th, 2025
Venue: Sofitel Abu Dhabi Corniche
CME Points: As per DOH
Website: <http://zmhplasticsurgery.com>
Free registration



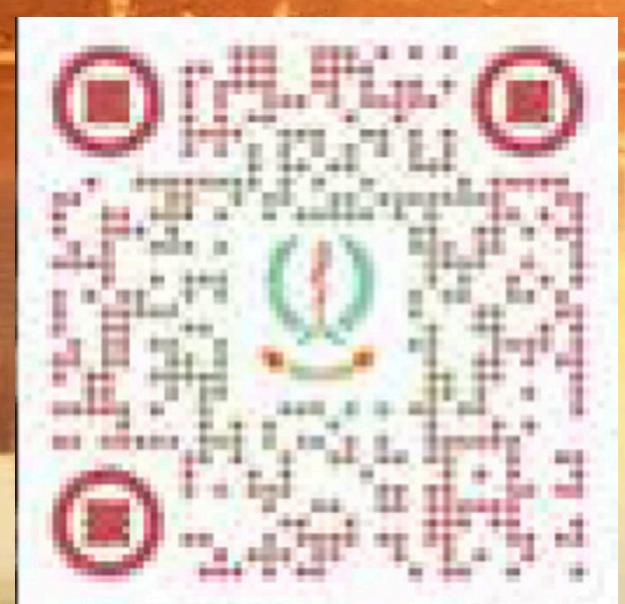
Dr. Omar Al Ameri
Course Director

Targeted Candidates: Junior Plastic Surgeons, Residents In Surgical Subspecialities, Family Medicine And Accident & Emergency Departments General Practitioners And Interns.

LIMITED SEATS



Johnson & Johnson





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Mission Statement

The mission of this course is to educate the junior plastic surgeons, the new residents, general practitioners and medical students what is meant by Plastic surgery.

We aim to teach them the way of proper wound suturing, using different types of suturing techniques and avoiding complications of improper suturing through this hands-on course.

Simulators will be provided to the candidates to practice different types of suturing techniques.

We aim to teach them how to deal with a victim of burns who is arriving to the Emergency Department and what are the first aid maneuvers to be done for him through simulators. The basic principles of tendons repair either flexors or extensors will be shown and the candidates are going to practice the repair on models.

An idea about the different aspects of Plastic surgery and its subspecialties will be demonstrated through power point presentations like gynaecomastia management, cosmetic surgery and microvascular surgery with proper history-taking and video assisted demonstrations.

By the end of the hands- on course we expect the candidates to have a good practice on a wide spectrum of Plastic Surgery subspecialties and be able to manage different types of wounds, burn cases, tendon injuries, and other situations.

COURSE INSTRUCTORS



Dr. Omar AlAmeri



Dr. Medhat Emil Habib



Dr. Jasem AlShemeili



Dr. Fatima Alameri



Dr. Wadima AlHameli



Dr. Abdulrahman Alhammadi



Dr. Sajjad Gillani

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AGENDA

7:00 – 8:00: Registration & Welcoming Tea

Session 1: Introduction and Wound Coverage - Suturing Techniques

Moderators: Dr. Omar AlAmeri & Dr. Jasem AlShemeili

Time	Topic	Speaker
8:00 - 8:30	Welcoming Message and Introduction to the Plastic & Reconstructive Surgery Course	Dr. Omar AlAmeri
8:30 - 8:45	Type of Suture Materials	Dr. Fatima Alameri
8:45 – 9:00	Suturing Instruments- How to Handle	Dr. Medhat Emil Habib
9:00 – 9:15	Technique of Taking a Simple Stitch	Dr. Medhat Emil Habib
9:15 – 9:30	Other Suturing Techniques & Special Situations	Dr. Sajjad Gillani

9:30 - 10:00: Coffee Break

Session 2: Burn Management – Cosmetic Surgery

Moderators: Dr. Fatima AlAmeri & Dr. Medhat Emil Habib

Time	Topic	Speaker
10:00 - 10:20	Burn Management	Dr. Abdulrahman Alhammadi
10:20 – 10:30	Special Types of Burns and Their management	Dr. Wadima AlHameli
10:30 – 10:45	Gynaecomastia - Cosmetic Surgery	Dr. Jasem AlShemeili

10:45 - 11:15: Coffee Break

Session 3: Tendons Repair and Microvascular surgery

Moderators: Dr. Abdulrahman AlHammadi & Dr. Sajjad

Time	Topic	Speaker
11:15 – 11:30	Techniques of Extensor Tendons Repair	Dr. Fatima AlAmeri
11:30 – 11:45	Techniques of Flexor Tendons Repair	Dr. Sajjad Gillani
11:45 – 12:00	Introduction to Reconstructive Surgery	Dr. Jasem AlShemeili

12:00 - 1:00: Lunch

1:00 – 2:30 Practical Practice on the Suturing Techniques. Hands- On Workshop

2:30 – 2:45: Coffee Break

2:45 – 5:00: Hands-on Workshop of 3 Sessions Running Simultaneously and Exchangeable:
Wound Coverage
Tendons Repair
Burn Management, Cosmetic & Microvascular Surgery

5:00: Closing Ceremony and Group photo